716-799-1772 AVENUE29F00DS.COM

8012 TRANSIT ROAD | PREMIER PLAZA

THE LUNCH NI LUNCH





17

17

13

13

15

Wraps + Burritos

greens, red onions, kalamata olives.

- Hummus Wrap w/ mixed greens, cukes, tomato, onion, carrots, cabbage, peppers, dressing 10
- Avocado Wrap w/ rice, cukes, carrots, cabbage, lettuce, sweet chili + spicy mayo
 Grilled Mediterranean Wrap steak, hummus, dill sauce, roasted red peppers, mixed
 15
- Steak + Cheese Burrito w/ rice, roasted red peps, onion, mixed greens, steak sauce
- House Taco Burrito w/ meat, cheese, rice, pico, jalapeños, ban peps, house taco sauce

Sandwiches

- Steak In The Grass Panini w/ provolone, tomato aioli, greens, red pep, onion, balsamic 15
- Portabella + Artichoke Panini w/ provolone, sundried tomato cream cheese spread, mixed 15 greens, roasted red peppers, onion, kalamata olives, balsamic
- 3-Cheese Panini w/ cheddar, gouda, provolone + choice of spread
- Roasted Tomato + Pesto on Ciabatta w/ gouda, tomato aioli, mixed greens, balsamic
- Baked Crabcake on Ciabatta w/ cheddar, greens, roasted red peps, lemon + chive spread 13
- Grinder Veggie on Ciabatta w/ gouda, tomato aioli, lettuce, tomato, onion, pickle, 13
 peppers + grinder dressing

E Salads + Bowls -

- Taco Bowl w/ meat, cheese, rice, pico, guac, jals, ban peps, lettuce, chipotle, chips 17
- Steak Bowl w/ rice, marinated mushrooms, mixed greens, roasted red peps, red onions, 17 chopped tomato, cukes, kalamata olives, banana peps, house dressing
 Hummus Bowl w/ rice, lettuce, dill sauce, tomato, onion, cukes, grape leaf, peppers, 15
- Hummus Bowl w/ rice, lettuce, dill sauce, tomato, onion, cukes, grape leaf, peppers
- Strawberry Spinach Salad w/ blueberries, mandarin oranges, red onion, candied walnuts, pomegranate seeds, lemon pomegranate dressing
- Beet Avocado Citrus Salad w/ mixed greens, grapefruit, mandarin oranges, avocado,
 sliced almonds, beets, red onion, sliced cucumbers + house citrus dressing

Snacks + Sides

- Avocado Toast w/ pink sea salt + pepper OR w/ pomegranate + balsamic 8/9
- Salsas Pico, Mango, Habanero Peach + Seasonal Blends 6
- Fresh Made Guacamole
- House Potato Salad . 6
- House Pasta Salad 6
- Hummus Blends Classic, Cilantro Lime, Lemon Beet, + Seasonal Blends 6
- Fruit Salad 6
- House Salad 9
- Soup of The Day

Drinks

- Fresh Squéezed Bottled Juices
- Acqua Panna Bottle (Mineral Water)
- S. Pellegrino (Sparkling Water)
- Pure Leaf Tea Bottle
- Hot Pumpkin Spiced Cider (Seasonal)

A GOURMET FLAVOR EXPERIENCE

AVENUE29 F00DS

